

Where Can I Go for Support Services?

Addictions Centre Inc.	613-392-0777
AIDS Hotline	1-800-668-2437
Alcoholics Anonymous, Alateen, Al-Anon ..	613-962-8700
Belleville & Quinte West CHC	613-965-0698
Children's Mental Health Services	613-392-4331
C.I.T.Y. Group	613-392-6946
Community Advocacy & Legal Centre ...	613-966-8686
Counselling Services of Belleville & District .	613-966-7413
Crisis Intervention Hastings/Prince Edward	613-962-7227
Drug and Alcohol Information Line ...	1-800-463-6273
Hastings Children's Aid Society	613-962-9291
.....&	1-800-267-0570
Kids Help Phone	1-800-668-6868
LBGT Information Line	1-800-268-9688
Mental Health Services Hastings	
Prince Edward Corp.	613-394-1655
National Eating Disorder Information Line .	1-866-633-4220
New Beginnings Mental Health Support Centre	613-394-3449
Open Line Open Mind	613-310 (OPEN) 6736
Sexual Assault Centre for Quinte & District	613- 967-6300
Sexual Assault Helpline (24 hr)	1-800-263-3757
Three Oaks Foundation	613-966-3074
Trenton Family Military Resource Centre ..	613-965-3575
Volunteer & Information Quinte	613-969-8862
Youth Habilitation Quinte Inc.	613-392-8317



Hastings & Prince Edward Children's Services Network

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Quinte West

Where Can I Get Help to Find a Job?

Career Edge	613-392-9157
Hastings County Ontario Works	613-392-1387
Job Connect/Summer Job Service	613-392-9157
Job Finding Club	1-888-401-9636
Job Junction	613-392-9157
Military Family Resource Centre Employment Counselor	613-392-2811 x. 3852
Employment Ontario Hotline	1-800-387-5656
Quinte West Library	613-394-3381
Service Canada	613-392-6531
Social Insurance Number Information	1-800-206-7218

Where Can I Get Help to Complete My Education?

Algonquin and Lakeshore Catholic School Board	1-800-581-1116
Alternative Centre Trenton (ACT)	613-392-6028
Bayside Secondary School	613-966-2922
École secondaire publique Marc-Garneau	613-394-0617
General Education Development (GED)	613-391-1155
Hastings and Prince Edward District School Board	1-800-267-4350
Independent Learning Centre	1-800-387-5512
Loyalist College Access Program	613-969-1913 x. 2450
Loyola Adult & Continuing Education	613-965-5840
Ministry of Education, Training, Colleges & Universities	1-800-387-5514
Quinte Adult Day School	613-394-3740
St. Paul's Secondary School	613-394-4843
Trenton Secondary School	613-392-1227

Where Can I Get Help to Find Food, Shelter & Clothing?

Community Advocacy & Legal Centre	613-966-8686
Community Development Council	613-968-2466
Community Partners For Success	613-965-1167
Hastings Housing Programs Branch	613-968-3465
Hastings Housing Resource Centre	613-392-8317
Landlord & Tenant Information	1-888-332-3234
Salvation Army Services	613-392-9905
Salvation Army Thrift Store	613-392-4538
Salvation Army After Hours	1-866-414-0300
Three Oaks Foundation	613-966-3074
Trenton Care & Share Food Bank	613-394-5551
Youth Habilitation Quinte Inc.	613-392-8317

Where Can I Get Help for Financial Assistance?

Credit Counseling Services	613-966-3556
Hastings County Ontario Works	613-392-1387
Quinte West Community Trust	613-392-1387 x. 2202

Where Can I Get Health Advice?

8 Wing Trenton Family Medical Clinic	613-392-2200
Belleville & Quinte West CHC	613-965-0698
Belleville & Quinte West CHC Sexual Health Clinic	613-965-0698
Hastings & Prince Edward Counties Health Unit Sexual Health Clinic	613-394-4831
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Health Card Info Line	1-800-664-8988
Poison Control Centre	1-800-268-9017
Quinte Health Care Trenton Mem. Hosp	613-392-2540
Telehealth	1-866-797-0000

Où puis-je aller pour de l'aide?

Addictions Centre Inc.	613-392-0777
AIDS Hotline	1-800-668-2437
Alcooliques Anonymes, Alateen, Al-Anon	613-962-8700
Centre de santé communautaire Belleville & Quinte West	613-965-0698
Children's Mental Health Services	613-392-4331
C.I.T.Y. Group	613-392-6946
Community Advocacy and Legal Centre	613-966-8686
Counselling Services of Belleville & District	613-966-7413
Crisis Intervention Hastings/Prince Edward	613-962-7227
Drug and Alcohol Information Line	1-800-463-6273
Hastings Children's Aid Society	613-962-9291
. &	1-800-267-0570
Kids Help Phone	1-800-668-6868
LGBT Information Line	1-800-268-9688
Mental Health Services Hastings Prince Edward Corp.	613-394-1655
National Eating Disorder Information Line	1-866-633-4220
New Beginnings Mental Health Support Centre	613-394-3449
Open Line Open Mind	613-310 (OPEN) 6736
Sexual Assault Centre for Quinte & Dist	613- 967-6300
Sexual Assault Helpline (24 hr)	1-800-263-3757
Three Oaks Foundation	613-966-3074
Centre de ressources pour les familles des militaires de Trenton	613-965-3575
Volunteer & Information Quinte	613-969-8862
Youth Habilitation Quinte Inc.	613-392-8317



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Quinte Ouest

Où puis-je avoir de l'aide pour ma recherche d'emploi?

Career Edge	613-392-9157
Hastings County Ontario Works	613-392-1387
Job Connect/Summer Job Service	613-392-9157
Job Finding Club	1-888-401-9636
Job Junction	613-392-9157
Conseillère à l'emploi du Centre de ressources pour les familles des militaires	613-392-2811 x. 3852
Ligne d'information Emploi Ontario	1-800-387-5656
Bibliothèque municipale de Quinte West	613-394-3381
Service Canada	613-392-6531
Information pour les numéros d'assurance sociale	1-800-206-7218

Où puis-je avoir de l'aide pour poursuivre mes études?

Commission scolaire catholique	
Algonquin and Lakeshore	1-800-581-1116
Alternative Centre Trenton (ACT)	613-392-6028
École secondaire Bayside	613-966-2922
École secondaire publique Marc-Gameau	613-394-0617
General Education Development (GED)	613-391-1155
Hastings and Prince Edward District School Board	1-800-267-4350
Centre d'études indépendantes	1-800-387-5512
Loyalist College Access Program	613-969-1913 x. 2450
Loyola Adult and Continuing Education	613-965-5840
Ministère de la Formation et des Collèges et Universités	1-800-387-5514
Quinte Adult Day School	613-394-3740
École secondaire St.Paul's	613-394-4843
École secondaire Trenton	613-392-1227

Où puis-je avoir de l'aide pour me procurer de la nourriture, du linge ou pour me loger?

Community Advocacy and Legal Centre	613-966-8686
Community Partners For Success	613-965-1167
Hastings Housing Programs Branch	613-968-3465
Hastings Housing Resource Centre	613-392-8317
Landlord and Tenant Information	1-888-332-3234
L'Armée du Salut	613-392-9905
Magasin familial de l'Armée du Salut	613-392-4538
Three Oaks Foundation	613-966-3074
Salvation Army After Hours	1-866-414-0300
Trenton Care and Share Food Bank	613-394-5551
Youth Habilitation Quinte Inc.	613-392-8317

Où puis-je avoir de l'assistance financière?

Credit Counseling Services	613-966-3556
Hastings County Ontario Works	613-392-1387
Quinte West Community Trust	613-392-1387 x. 2202

Où puis-je avoir des conseils pour ma santé?

Centre de santé communautaire	
Belleville & Quinte West	613-965-0698
Clinique de santé sexuelle	
Belleville & Quinte West CHC	613-965-0698
Clinique médicale familiale de la 8e Escadre	613-392-2200
Hastings & Prince Edward Counties Health Unit	613-394-4831
Sexual Health Clinic	613-394-4831
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Ligne d'information pour la carte d'assurance-santé	1-800-664-8988
Poison Control Centre	1-800-268-9017
Quinte Health Care, Hôpital Trenton Memorial	613-392-2540
Telehealth	1-866-797-0000

Where Can I Go for Support Services?

Addictions Centre	.613-969-0077
AIDS Hotline	1-800-668-2437
Alcoholics Anonymous, Alateen, Al-Anon	.613-962-8700
Alternatives for Women in Prince Edward County	.613-476-2787
Children's Mental Health Services	.613-476-8252
Community Advocacy and Legal Centre	.613-966-8686
Counselling Services of Belleville & District	613-476-7471
Crisis Intervention Hastings/Prince Edward	1-888-757-7766
Drug and Alcohol Information Line	1-800-463-6273
Kids Help Phone	1-800-668-6868
LGBT Information Line	1-800-268-9688
Mental Health Services Hastings Prince Edward Corp.	.613-476-2990
Open Line Open Mind	.613-310 (OPEN) 6736
Recreation Outreach Centre (ROC)	.613-476-2001



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Prince Edward County

Where Can I Get Help to Find a Job?

Career Edge	613-476-6456
Job Connect/Summer Jobs	613-966-0205
Employment Ontario Hotline	1-800-387-5656
Northern Lights Canada	613-969-7423
Prince Edward County Ontario Works	613-476-2842
Service Canada	613-476-3227
Social Insurance Number Information	1-800-206-7218

Where Can I Get Help to Complete My Education?

Algonquin and Lakeshore Catholic School Board	1-800-581-1116
Hastings and Prince Edward District School Board	613-966-1170
Independent Learning Centre	1-800-387-5512
Loyalist College Access Program	613-969-1913 x. 2450
Loyola Adult Day School	613-476-9685
Ministry of Education, Training, Colleges & Universities	1-800-387-5514
Prince Edward Alternative School (PEAS)	613-476-2095
Prince Edward Collegiate Institute	613-476-2196
Prince Edward Learning Centre (GED)	613-476-1811

Where Can I Get Help to Find Food, Shelter & Clothing?

Alternatives for Women	613-476-2787
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Community Advocacy & Legal Centre	613-476-6941
Good Food Box Program	613-476-6038 x. 125
Landlord & Tenant Information	1-888-332-3234
Picton Food Bank	613-476-6050
Prince Edward/Lennox & Addington Housing Corp.	1-866-806-9680
Salvation Army	613-476-3159
Second Time Around	613-476-6671
Youth Habilitation Quinte Inc.	613-969-0830

Where Can I Get Help for Financial Assistance?

Credit Counseling Services	613-966-3556
Prince Edward County Ontario Works	613-476-2842
Prince Edward/Lennox & Addington Social Service Housing Assistance Program	1-866-354-0957

Where Can I Get Health Advice?

Hastings & Prince Edward Counties Health Unit	613-476-7471
Sexual Health Clinic	613-476-7471
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Health Card Info Line	1-800-268-1154
Needle Exchange Information Line	613-966-5513 x.620
Poison Control Centre	1-800-268-9017
Prince Edward Family Health Team	613-471-1100
Quinte Health Care Prince Edward County Memorial Hospital	613-476-1008
Telehealth	1-866-797-0000

Sexual Assault Centre for Quinte & District 1-800-909-7007
Three Oaks Foundation613-473-1976
Volunteer & Information Quinte1-866-340-0899
Youth Habilitation Quinte Inc.613-473-0400

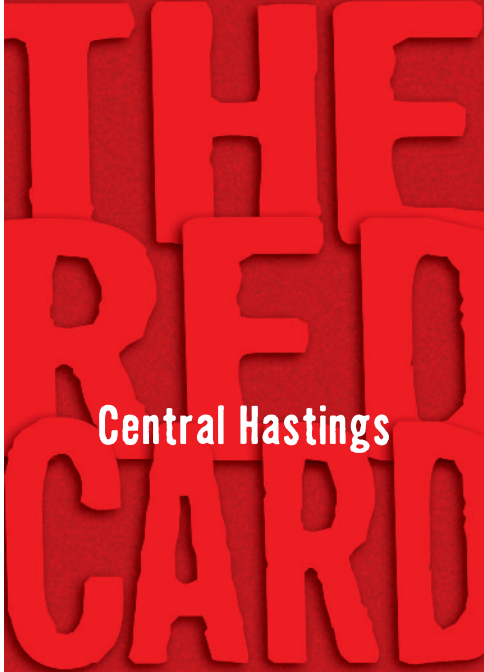
Where Can I Go for Support Services?

Addictions Centre613-969-0077
AIDS Hotline1-800-668-2437
Alcoholics Anonymous, Alateen, Al-Anon 1-888-214-0473
Children's Mental Health Services613-473-1685
Community Advocacy & Legal Centre . .1-877-966-8686
Counselling Services of Belleville & District 613-473-5255
Crisis Intervention Hastings/Prince
Edward1-888-757-7766
Drug & Alcohol Information Line1-800-463-6273
Friends & Neighbours Support Centre . . .613-473-4111
Hastings Children's Aid Society613-962-9291
.& 1-800-267-0570
Kids Help Phone1-800-668-6868
LGBT Information Line1-800-268-9688
Mental Health Services Hastings
Prince Edward Corp.613-478-9983
National Eating Disorder Information Centre .1-866-633-4220
Open Line Open Mind613-310 (OPEN) 6736



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Central Hastings



Where Can I Get Help to Find a Job?

Career Edge	613-969-0192
Hastings County Ontario Works	613-473-5258
Employment Ontario Hotline	1-800-387-5656
Service Canada	613-969-3350
Social Insurance Number Information	1-800-206-7218

Where Can I Get Help to Complete My Education?

Algonquin and Lakeshore Catholic School Board	1-800-581-1116
Centre Hastings Secondary School	613-473-4251
Centre Hastings Alternative Program (CHAP)	613-473-4097
General Education Development (GED)	1-800-573-7022
Hastings and Prince Edward District School Board	1-800-267-4350
Loyalist College	613-332-1743
Loyalist College Access Program	613-969-1913 x. 2450
Independent Learning Centre	1-800-387-5512
Ministry of Education, Training, Colleges & Universities	1-800-387-5514

Where Can I Get Help to Find Food, Shelter & Clothing?

Anchor of Hope	613-473-0606
Community Advocacy & Legal Centre	1-877-966-8686
Community Care	613-473-9009
Community Development Council	1-877-879-2966
Hastings County Housing Programs Branch	1-800-267-2804
Hastings Housing Resource Centre	613-473-0400

Landlord & Tenant Information	1-888-332-3234
Madoc Food Bank	613-473-5255
Marmora Food Bank	613-472-3219
People Helping People	613-473-5258
Salvation Army	613-478-3375
Salvation Army After Hours	1-866-414-0300
Three Oaks Foundation	613-473-1976
Thrift Shop	613-473-1421
Youth Habilitation Quinte Inc.	613-473-0400

Where Can I Get Help for Financial Assistance?

Centre Hastings Community Trust	613-473-5258
Credit Counseling Services	1-800-379-5556
Hastings County Ontario Works	613-473-5258

Where Can I Get Health Advice?

Centre Hastings Family Health Team (Gilmour)	613-474-0233
Bancroft Family Health Team	613-332-6783
Gateway Community Health Centre	613-478-1211
Hastings & Prince Edward Counties Health Unit Sexual Health Clinic	613-473-4247
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Health Card Information Line	1-800-664-8988
Marmora Clinic	613-472-6131
Poison Control Centre	1-800-268-9017
Telehealth	1-866-797-0000

Telehealth1-866-797-0000

Where Can I Go for Support Services?

Addictions Centre Inc.613-332-6868

AIDS Hotline1-800-361-2895

Alcoholics Anonymous, Alateen, Al-Anon .1-888-214-0473

Children's Mental Health

Services613-332-3807

Community Advocacy & Legal Centre ..1-877-966-8686

Counselling Services of Belleville and District .613-332-3227

Crisis Intervention Hastings/Prince Edward 1-888-757-7766

Drug & Alcohol Information Line1-800-463-6273

Hastings Children's Aid Society613-962-9291

.....& 1-800-267-0570

Kids Help Phone1-800-668-6868

LGBT Information Line1-800-268-9688

Maggie's Resource Centre613-332-3010

Open Line Open Mind613-310 (OPEN) 6736

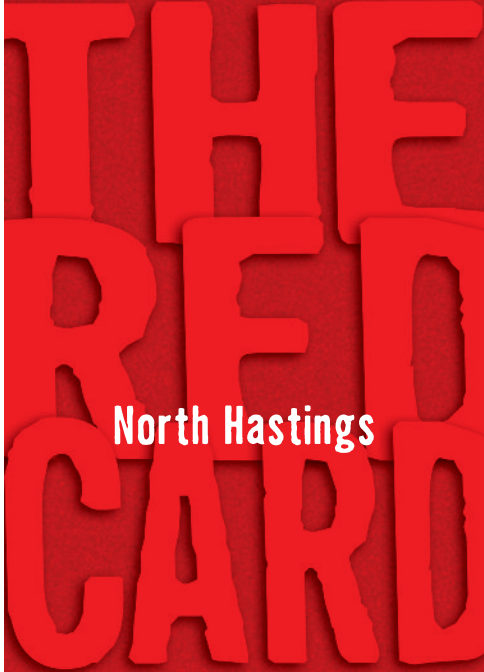


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North Hastings



Where Can I Get Help to Find a Job?

Career Edge	613-332-3804
Job Connect/Summer Job Service	613-332-1743
Service Canada	613-332-2528
Hastings County Ontario Works	613-332-3410
Employment Ontario Hotline	1-800-387-5656
Social Insurance Number Information	1-800-206-7218
Work Enterprise Centre	613-332-9916

Where Can I Get Help to Complete My Education?

Algonquin and Lakeshore Catholic School Board	1-800-581-1116
General Education Development (GED)	1-800-573-7022
Hastings and Prince Edward District School Board	1-800-267-4350
Independent Learning Centre	1-800-387-5512
Loyalist College	613-332-1743
Loyalist College Access Program	613-969-1913 x. 2450
North Hastings High School	613-332-1220
Ministry of Education, Training, Colleges & Universities	1-800-387-5514
The Switch Yard	613-332-3108

Where Can I Get Help to Find Food, Shelter & Clothing?

Choices Thrift Shop	613-334-0439
Community Advocacy & Legal Centre	1-877-966-8686

Community Development Council	1-877-879-2966
Hastings County Housing Programs Branch	1-800-267-2804
Hastings Housing Resource Centre	613-332-8156
Landlord & Tenant Information	1-888-332-3234
Maggie's Safe Homes	613-332-3010
News to You	613-332-2229
Salvation Army After Hours	1-866-414-0300
Youth Habilitation Quinte Inc.	613-332-5558

Where Can I Get Help for Financial Assistance?

Community Trust	613-339-1100
Credit Counselling Services	1-800-379-5556
Hastings County Ontario Works	613-332-3410

Where Can I Get Health Advice?

Bancroft Family Health Team	613-332-6783
Hastings & Prince Edward Counties Health Unit	613-332-4555
Sexual Health Clinic	613-332-4555
Needle Exchange Program	613-966-5513 x. 620
Tobacco Talk Line	613-966-5513 x. 600
Health Card Information Line	1-800-664-8988
North Hastings Family Health Team	613-332-5692
Poison Control Centre	1-800-268-9017
Quinte Healthcare North Hastings Hospital	613-332-2825